

LifeForce
The Breath of Life

The Divine, expansive and life-giving Force that helps you take in and express Life more fully. It assists in creating a stream of Higher conscious awareness and flow between body, mind and spirit; between matter and Light. Its major focus is transformation and transmutation.

Metatron
Divine Creation

This Masculine Creative Force deals with the flow from Mind and Thought into physical form and structure. Creatively assists you in organizing changes and reprogramming your life in a major way. Assists in clearing old family 'history' – deep genetic patterning.

Melchizedek
Righteousness

Brings you the wisdom and the courage you need to live by the Higher ideals of Truth and Justice. Helps you reach your Higher potential, so that you can deal successfully with life's challenges and changes, and experience Peace. Also deals with childhood issues, helping to connect with the Light of the Divine Child within.

Holy Spirit
Creative Expression

This active, yet nurturing Feminine Creative Presence helps you get into the Flow so that you can express the Gifts of the Spirit and your own inner creativity with greater passion, fluidity and grace. It also enhances the Higher Feminine aspects within the self.

THE LIVING LIGHT ESSENCES®

ESSENCES FOR EVERYDAY LIFE™

LUMINESCE

www.livinglight.com 1•888•981•2288

First Divine Flame
Divine Will

Brings you into alignment with your Higher purpose, so that your intent is clear and you are able to live with strength and vitality; centred in your own True power. Leads you to a place where you can unconditionally accept the Power within you. You are a living expression of the Divine in all that you are and do.

Second Divine Flame
Inner Wisdom

Develops wisdom, insight and understanding, enhancing your ability to discern what is right. Helps you make wiser, clearer, and more loving choices and decisions based upon a deeper understanding and realizing of yourself, people, things, events or situations.

Third Divine Flame
Unconditional Love

Opens the heart and mind to lovingly embrace and accept all aspects of the self and the Love that resides within. Love is intelligent and alive, warming and nurturing the soul. True Love is unconditional, limitless and totally accepting.

Fourth Divine Flame
Pure Harmony

Guides you to a deeper awareness, understanding and acceptance of who you are, thereby bringing you back into purer resonance and harmony with your Inner Essence. Helps you overcome inner conflict, aligning and creating beauty out of discord and chaos.

Fifth Divine Flame
Knowledge

Helps you access your Inner Knowing, using both awareness and judgement. Expands your ability to perceive and acquaint yourself with facts, truths, and principles. Helps you see inside things to search out and discern their intricacies, meaning or structure. Knowledge is the code key to understanding the meaning and purpose of Life.

Sixth Divine Flame
True Peace

Restores balance, love, harmony, appreciation, and understanding in the dynamics of your inner relationship with yourself and the 'God' within, and your relationship with others. Steadies and balances the intensity that often accompanies idealism, desire and devotion. Love and Wisdom in Action brings True Peace.

Seventh Divine Flame
Freedom

As the caterpillar becomes the butterfly and spreads its wings, it lifts itself up to experience the freedom of its transformation. The violet transmuting flame enhances our capacity to open to the endless possibilities freedom and transformation can bring.

Archangel Michael
Truth

Helps you strengthen your inner convictions and integrity. Acts to help you see and release beliefs you have come to accept as Truth, which are not. This essence is about *Being True to Yourself*.

Archangel Jophiel
Illumination

Brings insight, inspiration and realization; awakening and strengthening your understanding of yourself. Understanding brings joy and happiness. Helps you be more present in the now and pay attention.

Archangel Chamuel
Loving Patience

Opens the heart and nurtures the qualities of loving patience, allowing deep inner healing, freeing you to gently and lovingly make allowances for yourself and others.

Archangel Gabriel
Purity

Gently cleanses the self of things that hinder you from being who you truly are, clearing trauma, guilt or shame, leaving you feeling purified, refreshed, and renewed in body, mind and spirit.

Archangel Raphael
Healing

Facilitates healing, repairing, regenerating and restoring wholeness; bringing together those aspects of self that have become separated or have broken down in your body, your relationships, or your life.

Archangel Uriel
Selfless Service

Helps you discover the joys of getting out into the world, sharing your gifts and serving others, not for your own ends, but for the greater good of the Whole, without expectation.

Archangel Zadkiel
Forgiveness

Helps you forgive yourself and others, becoming more tolerant and finding an easiness of spirit. Helps you reprogram those denser energies into Light. Forgiveness is Love in action. It is a great healer. Coming from Love, it brings freedom and transformation.

Starry Sapphire
Focusing the Will

Helps you stay centred, increasing your ability to concentrate, focus on and complete what is at hand. Helps you maintain inner discipline. Strengthens your determination and perseverance.

Golden Topaz
Expanding Awareness

Opens and expands your awareness of yourself and/or of the larger picture; seeing beyond the frameworks or boundaries you are accustomed to. Helps you see things you might not have seen before, from a Higher level of awareness.

Rose Quartz
Circulating Love

Gently opens the self to love and be loved – giving and receiving without need or expectation. Enhances your ability to appreciate, accept, and love yourself.

Divine Diamond
Clarifying Vision

Sharpens your ability to see things more clearly, crystallizing your vision and ideas into concrete form. Helps you begin to see within yourself to the root cause(s) of things.

Sacred Emerald
Restoring Balance

Restores balance and helps you maintain that state, outwardly reflecting the calm stillness of your true inner nature. Helps you stay centred.

Royal Ruby
Empowerment

Strengthens your confidence and ability to make positive, meaningful choices, giving you more conscious control over your life. Helps you share your inner wealth with others. Enhances your relationship with the principles of prosperity and abundance.

Holy Amethyst
Releasing

Helps you let go of things - old habits, beliefs, attitudes, fears, anger, anxiety, experiences, situations, relationships, clutter, control..., opening the door to new possibilities.